



PSY 321- PRINCIPLES OF COUNSELING (4 credits)

Syllabus

Instructor*:

David Listul

dlcnslr@hotmail.com

Course Dates:

July 20 – August 24, 2025

Credit:

Students earn 4 credits for a grade of C or above in this course.

*Instructors provide instruction during the online weeks through the discussion boards and are responsible for grading your assignments. **Please contact your instructor with all course content related questions.**

Please contact the Coursesite Coordinator, Alice Davis (alice.davis@artioscollege.org), for coursesite technical support.

Course Description

A study of the practice of basic Christian counseling (i.e. people-helping) principles and skills.

Note: A four credit course assumes 10-14 hours per week of course involvement, including, but not limited to: videos, reading assignments, discussion board engagement, quizzes, exams, written assignments.

Textbooks

- *The Biblical Basis of Christian Counseling for People Helpers*, Gary R. Collins
- *How to Be a People Helper*, Gary R. Collins
- *The Pastor and Counseling*, Jeremy Pierre & Deepak Reju
- *The Complete Guide to Crisis & Trauma Counseling, Updated and Expanded (2011)*, H. Norman Wright
- *Connecting*, Larry Crabb

Grading

Letter	Point Range	
A	1305-1450	(excellent demonstration of course objectives)
B	1160-1304	(commendable demonstration of course objectives)
C	1015-1159	(acceptable demonstration of course objectives)
D	870-1014	(unsatisfactory demonstration of course objectives; no credit awarded)
F	0-869	(no credit awarded)
I		Incomplete. Student unable to complete a course for reasons beyond their control. Student must submit a Course Extension Form during the scheduled course dates. The instructor and academic advisor must approve the extension, and the instructor must assign a new due date. Extensions may not exceed 120 days after the last day of the course. If the course is not completed by the extension date assigned by the instructor, the student will receive a D or an F, depending on assignments completed.

A cumulative grade of “C” or higher is required to pass the class.

Course Assignments

Unit 1

Discussion Questions - 35 points x 2 = 70 points
Discussion Interaction- 5 points x 6 = 30 points
Discussion Advancing Reply – 5 points x 4 = 20
Core Concept Worksheet= 100 points

Unit 2

Discussion Questions - 35 points x 2 = 70 points
Discussion Interaction- 5 points x 6 = 30 points
Discussion Advancing Reply – 5 points x 4 = 20
Core Concept Worksheet= 100 points

Unit 3

Discussion Questions - 35 points x 2 = 70 points
Discussion Interaction- 5 points x 6 = 30 points
Discussion Advancing Reply – 5 points x 4 = 20
Core Concept Worksheet= 100 points

Unit 4

Discussion Questions - 35 points x 2 = 70 points
Discussion Interaction- 5 points x 6 = 30 points
Discussion Advancing Reply – 5 points x 4 = 20
Core Concept Worksheet= 100 points

Unit 5

Discussion Questions - 35 points x 2 = 70 points
Discussion Interaction- 5 points x 6 = 30 points
Discussion Advancing Reply – 5 points x 4 = 20
Integrative Paper = 450 points

Instructor Bio

David Listul- Instructor (Psychology)

David has over 30 years of leadership experience as a licensed professional counselor providing therapy and emergency services to a wide variety of clinical populations. David has led various clinical teams and provided clinical supervision for counselors seeking licensure in ND. David is currently retired from his position within the ND Department of Human Services since June of 2021.

Primary Leadership Assignment

- Elder – Alfred Church of God (Seventh Day) – Alfred, ND

Education

- Trauma Informed Services including SPARCS, Trauma Focused-CBT, and AF-CBT for families – Treatment Collaborative for Traumatized Youth (TCTY-ND) (2009, 2010, 2011)
- Masters in Counseling Psychology, MS.ED – University of Kansas (1989)
- Bachelor in Psychology – Concordia College, Moorhead, MN (1986)

Course Objectives

Artios Christian College seeks to equip students for Christian leadership by imparting information and teaching practical skills. Student success is measured by how well they demonstrate mastery of given instructional objectives. This provides a basis for objective evaluation of student success and allows students to know what knowledge and skills they can expect to gain from each course.

Below are a list of the specific instructional objectives for this course, broken down into five units. Reviewing unit objectives prior to beginning each unit will be beneficial in helping you identify what will be expected of you in that unit.

Unit 1: Theological Foundations of Counseling

Unit Objectives:

Given the course materials, lectures, and required reading students will be able to:

- Define, list or describe key terms related to the intersection of worldview, counseling, and theology.
- Discuss the following personal questions with classmates: What attracted you to this class? What do you hope to learn? What type of counseling are you interested in pursuing after this class?
- Describe and discuss the connection between theology and helping people through counseling, citing at least two major theological themes.

Unit 2: Counseling as People Helping

Unit Objectives:

Given the course materials, lectures, and required reading students will be able to:

- Define key terms regarding discipleship and people-helping.
- Describe, list or define key terms regarding crisis counseling.
- Discuss the church's unique role in helping people with mood disorders with a group of leaders.

Unit 3: Skills for People Helping

Unit Objectives:

Given the course materials, lectures, and required reading students will be able to:

- Define, describe or list key terms related to stress, crisis, suicide, loss, grief and various media of helping.
- Describe and discuss the skills of Connecting, Exploring the Issues and Facilitating the Process and identify which skills come most easily and which are most challenging.
- Describe and discuss significant skills in relation to counseling those suffering from loss or grief and identify which skills come most easily and which are most challenging.

Unit 4: Pastoral & Crisis Counseling

Unit Objectives:

Given the course materials, lectures, and required reading students will be able to:

- Define, list and describe key terms related to crisis and Christian crisis intervention.
- Summarize and discuss the concept of pastoral counseling as outlined by Pierre and Reju.
- Summarize and discuss the process of pastoral counseling as outlined by Pierre and Reju.

Unit 5: Counseling in Community

Unit Objectives:

Given the course materials, lectures, and required reading students will be able to:

- Describe and discuss the Context of pastoral ministry.
- Identify and discuss significant insights and questions gained from reading Crabb's *Connecting* as it relates to the role of the Christian community in people helping.
- Write 1,500-2,000 word paper combining your understanding of people-helping and a personal evaluation of your past, current and future potential as a people helper.

Assignment Guidelines

Written Assignments

General

1. Please note that you will not receive credit for past due written assignments unless it has received *prior* approval from your instructor. Email your instructor *prior* to the deadline of your assignment to request an extension.
2. Written assignments will be graded for content, spelling, grammar, and format. All citations must follow the Chicago/Turabian style.
3. All work must be submitted in accordance with Artios Christian College's *Intellectual Honesty Policy*. Be sure to review the *Intellectual Honesty Policy* at the outset of each course to avoid plagiarism, ensure proper citation of sources, and protect the integrity of your written work.
4. Uploaded written assignments must be submitted in **Microsoft Word** format (.doc or .docx). Most word processing applications are capable of saving in this format. If you don't already have an application that can save in Microsoft Word format you can download LibreOffice for free at <https://www.libreoffice.org/>

Quizzes, Core Concept Worksheets, Case Studies

This course may include quizzes, core concept worksheets and/or case studies.

1. **Quizzes** ask T/F, Matching, and Multiple Choice questions based on course materials. Each quiz is accompanied by a Study Guide that outlines the material that needs to be studied. There are no "trick questions" on the quizzes. Quizzes are closed book, unless otherwise indicated. Memorization and retention of key information is of utmost importance.
2. **Core Concept Worksheets** ask short answer questions taken directly from course textbooks. Core Concept Worksheets are open-book. The accuracy of the answers is of utmost importance.
3. **Case Studies** ask for short written responses to hypothetical scenarios related to course materials. Case Studies are open-book. Reflection on course materials and integration with real life settings is of utmost importance.

Discussion Boards

A major component of all Artios courses is the online discussion board. Students will respond to questions related to course materials posed by their instructor and then engage in a conversation with their instructor and classmates via the discussion board. All due dates and a Grading Rubric for discussion board postings are provided on the course site.

Integrative Papers

This course will include one or more integrative papers. Depending upon the course, integrative papers may include essays, articles, sermon outlines, biblical exegesis, or research papers. Specific instructions for each integrative paper is found on the course site.

All integrative papers must follow the Chicago/Turabian style, including a cover sheet and bibliography. A template for the Chicago/Turabian cover sheet is provided at the end of this syllabus.

Reading Assignments

Reading assignments for this course may include textbooks, articles, and links. All reading assignments are listed on the course site. Most courses require between 100-250 pages of reading per week during the course with additional supplementary reading recommended to students.

While no grade is given for completing reading assignments, students must complete all required reading in order to successfully complete their written assignments. Students are encouraged to focus their reading efforts by reviewing their written assignments prior to reading. This will allow them to prioritize which portions of the reading to give greater attention and improve their note-taking.

Viewing Assignments

Most Artios courses include pre-recorded video lectures (typically accompanied by PowerPoint presentations) integrated into the course site. The lectures reinforce core concepts from the course materials.

While no grade is given for completing viewing assignments, students must complete all required viewing in order to successfully complete their written assignments.

Tips for Success

Artios Christian College is committed to the success of our students. By keeping these tips in mind you will be well-equipped to succeed in your studies:

1. **Review and follow the weekly steps in sequence and on time.** Prior to the beginning of the course, and at the outset of each week you should log on to the course site and review the “Steps” for the week very carefully. Be sure to note when each Step needs to be completed and make sure to complete them *in sequence and on time*. If you do this you will succeed in the course, if not you will almost certainly fail.
2. **Ask for an extension before the deadline.** If you are unable to fulfill a requirement of the course you **MUST** discuss the situation with your instructor **IN ADVANCE** of the deadline. Do not wait until after you have missed a due-date to tell them that you are unable to complete the assignment.

3. **Plan your reading in advance.** It is recommended that you look at your reading assignment at the beginning of the week and make a *daily plan* for how you will complete the reading on time. For instance, if there are 175 pages of required reading, set a goal of reading 25 pages per day that week. If you wait until the end of the week to begin reading you will almost certainly fall behind.
4. **Take notes on your written assignments while reading and viewing lectures.** Your written assignments relate directly to the pre-recorded lectures, readings, and other resources provided online. So, it is absolutely vital that you pay close attention to the lectures, textbooks, and supplemental materials. It is a good idea to have your written assignments printed out and handy while reading and watching the lectures. That way, when you come across information in the reading and lectures that addresses a question in your written material you can take notes, rather than having to go back and find the information later.
5. **Ask for help, rather than becoming frustrated or falling behind.** All of the assignments are designed to ask straightforward questions. You should be able to answer the questions based on the resources provided to you. Thus there are no “trick questions” or surprises on any of the assignments. If you come across a question that is not familiar or for which you do not believe the course material has adequately prepared you, contact your instructor. When in doubt ASK QUESTIONS of your instructor. Instructors are available to answer your questions and to discuss any issues or concerns you have regarding the coursework. Do not allow yourself to get discouraged or confused and fall behind on coursework simply because you did not ask for assistance. If you come across a typo or incorrect information on the course site please fill out the “Incorrect Information Report” in the Welcome Box.
6. **Read instructor feedback and adjust accordingly.** Instructors provide feedback on your assignments via the course site. When checking your grade on an assignment be sure to look at the feedback from your instructor as well and make adjustments on future assignments to improve your grade. If you are deducted points on an assignment without an explanation from your instructor, email them to request more information.

ASSIGNMENT TITLE

ASSIGNMENT TYPE

SUBMITTED TO INSTRUCTOR NAME

ARTIOS CHRISTIAN COLLEGE

IN PARTIAL FULFILLMENT OF
THE REQUIREMENTS FOR THE COURSE

COURSE NUMBER

COURSE NAME

BY

STUDENT NAME

DUE: DAY, MONTH, YEAR

SUBMITTED: DAY, MONTH, YEAR